



Tween Yoga

4-week session • Thursdays • 4:00-5:00 p.m.

Jan. 25, Feb. 1, 8, 15

Recommended for ages 9-12

\$10 GT residents or \$20 non-residents



Please complete separate form for each registrant.

Participant's Name _____

Address _____

Phone _____ E-Mail _____

Cell Phone (optional): _____

Emergency Contact _____ Phone _____

These special yoga classes are geared towards the pre-teen crowd. Open to both boys and girls, classes will show participants will learn the benefits that yoga can bring, such as increased concentration and patience, relaxation and reduction of stress, while gaining strength, endurance, and flexibility.

See if yoga can benefit you child and help him/her get fit in a non-competitive activity.

TOTAL:	
<input type="checkbox"/> Green Tree resident \$10	\$ _____
<input type="checkbox"/> Non-resident \$20	\$ _____
<p>Cash or check only. Make checks payable to "Green Tree Borough."</p>	

Statement of Understanding and Release

We, the undersigned, as parents and/or guardians of _____ hereby enroll our minor child/children in the Green Tree Tween Yoga Program.

In so enrolling our child/children, we recognize and agree that:

- (1) Participation in programs and recreation activities can result in serious injuries and disabilities to our child(ren);
- (2) As the parents of said child/children, we are responsible for any and all medical expenses and/or injuries sustained to our child/children while participating in the said Program;
- (3) Health insurance coverage for any child participating the Green Tree Tween Yoga Program is not provided by the Borough of Green Tree. Responsibility for providing medical insurance, if any, is that of the parents and/or guardians;
- (4) In consideration of the Borough agreeing to accept our child/children in its Green Tree Tween Yoga Program, we hereby release and hold harmless the Borough of Green Tree, its officers and employees, from any and all liability for any injury, disability or claim that might arise by reason of our child(ren)'s participation in the Program.
- (5) Photos may be taken of my child(ren) and published in local publications, web media, and/or videos.

Signature of Parent/Guardian: _____

Date: _____

Submit registration and fee to the Green Tree Municipal Center, 10 W. Manilla Ave., Pittsburgh, PA 15220.
ALL FEES ARE NON-REFUNDABLE. SUBJECT TO MINIMUM PARTICIPATION
Make checks payable to Green Tree Borough.